



THE UNIVERSITY OF THE THIRD AGE

Keighley Newsletter September 2026

Wednesday Meeting, Sept 2nd 2026

10am Action Point

Speaker: September 2nd David Slater King Arthur Man of Myth

All members welcome at our monthly meetings.

Please try and arrive around 10am so that we can get refreshments out of the way to allow the speaker to start at 10.30am prompt.

Wednesday Events Programme 2026

Ocrtober 7th Andy Wade A Street In Parkwood

**November 4 Jim Brevell The Rise and Fall of the
Probation Service**

December 2nd Christmas Party

Dates for your Diary

Quiz Group:	Next meeting	23.09.26	2.00 pm
English Group:	Next meeting	14.09.26	10.00 am
History Group:	Next meeting	07.09.26	10.00 am
French	Next meeting	Ring Marie for details	
Art Appreciation	Next meeting	16.09.26	1.30 pm
The Exercise Group	Next meeting	07.09.26	10.15am
Kelfolk	Next meeting	09.09.26	1.30 pm
IT Support Group	Next meeting	10.09.26	11.00am

Keighley U3A Website

Our new Website co-ordinator will be happy to have any news of your group. Please have a look at our website on Keighley u3a group. Mike has done a wonderful job so please have a look. Mike Ward 07799451145 email klyu3asec@gmail.com

Keighley U3A Facebook!! Lynaire Munton 07950674391 is your contact for our facebook

Weekly, Fortnightly and Monthly Meetings

**The Exercise Group Monday 10.15 to 11.45 am Action Point
Joan Coan 01535 611482
Janice Pedder 01535 601565**

**Kelfolk : Most Wednesdays 1.15 to 2.45pm
Long Lee & Thwaites Brow Village Hall#
Cora King 07427435473**

Fortnightly Meetings

**French : 2nd & 4th Tuesday 2pm
St Joseph's Church
Ring Marie Farrar 01535 448682**

**English: 2nd & 4th Monday 10.00 to 12 noon.
Action Point
Pam Pennington 01535 642986**

**History: 1st & 3rd Monday 10.00 to 12 noon.
Action Point
Pam Pennington 01535 642986**

**Quiz Group: 4th Wednesday 2.00 to 4.00 pm Action Point
Bernadette Seaward. 07591134225**

**Art Appreciation: 3rd Wednesday 1-30 to 3.00 pm Action Point
Sheila Butler 01535 642155**

**Garden Appreciation: Lynn Parker on 07970700979 or
keigheyu3a.garden@gmail.com**

Chairman/Treasurer /Newsletter Editor

David Boddy 01535 662944/ 07976799527

email d.r.boddy@btinternet.com

Secretary Mike Ward 07799451145

email klyu3asec@gmail.com

Membership Secretary Lynn

Parker keigheyu3a.garden@gmail.com

IT Group

The IT Group are continuing Support sessions from September 10th from 10.00am -12noon in Morrisons Community Cafe.

We will be welcoming our new IT Professional Volunteer, Amanda who holds a position with VirginMedia/02

Would any members interested in our sessions always REGISTER with either of our Digital Friends

MIKEWARD klyu3asec@gmail.com

LYNN PARKER keigheyu3a.garden@gmail.com

JOAN COAN – klytamsec25@btinternet.com

Lynaire Munton

Lynaire has decided to resign from the committee. May I on behalf of the membership thank her for all the help she has given to the group over several years

Care Link

After a very entertaining speaker in May 2026, a manager of Care Link gave us a very informative talk, about "Be-friending" in the Keighley district. Since then one of our committee has become a volunteer.

At the present time there are about 103 clients, and 15 are on the waiting list.

There are about 74 volunteers, 58 are active working around Keighley, 2 volunteers are waiting to be matched. (For instance, a volunteer allergic to fur will not be sent to a client with 2 or 3 cats.) There is a handyman volunteer.

The Care Link managers make sure that the volunteers will be able to reach a client.

The clients might be housebound, or there are family tensions. Some have depression, blindness early dementia or poor mobility.

Other clients are friendly and talkative, they enjoy walks, and can play games, the client might surprise the volunteer.

Care Link cares about both the client and the volunteer. If needed, a manager could be contacted on 01535 609506.

arden Appreciation Group

17th September Yorkshire Sculpture Park

Anytime of the year is good to go but Autumn and woodland walks through the outdoor sculpture park exhibitions are a lovely time for a walk. Dogs are welcome on leads. There are also indoor exhibitions, shop. Cafe and toilets.

Entrance is £9.50. Leaving at 10am from Keighley returning at about 4pm. Car share. Lynn Parker